 Language & Communication Use language to express, connect, and build shared understanding. Decode and comprehend words and texts Write clearly with correct conventions Speak and listen to share understanding Express ideas creatively through language Communicate to inform, persuade, or inspire 	 Critical Thinking & Problem Solving Think deeply, ask questions, and solve problems with purpose and insight. Ask questions and define challenges Analyze information, patterns, and causes Develop and test creative solutions Evaluate evidence, perspectives, and ethics Reflect to improve decisions and outcomes 	 Social-Emotional Growth Build emotional intelligence, empathy, and strong relationships. Understand and manage emotions Build healthy, respectful relationships Practice empathy and navigate conflict Develop self-awareness and confidence Show kindness, compassion, and respect
 Community Action & Leadership Develop the mindset and skills to engage with and improve the world around you. Engage with local and global issues Act with responsibility and integrity Contribute to your community Collaborate across differences Advocate for equity and change 	 Student Agency & Self-Direction Take ownership of your learning and growth. Take ownership of your learning Set goals and monitor progress Work independently and follow through Adapt to challenges with persistence Reflect to grow and improve 	 Playful Exploration Learn through joy, creativity, and open-ended discovery. Play freely to explore and imagine Try new things with curiosity Learn through movement and materials Connect through games and humor Make space for wonder and joy
 History & Culture Understand the past, explore identity, and engage with the world. Explore events and leaders Understand cultures and identities Recognize injustice and change Engage with current issues Build empathy across differences 	 Everyday Math & Data Apply math to solve problems and make sense of the world. Use numbers in real-life situations Identify patterns and relationships Measure and compare size and time Create and interpret graphs and charts Analyze data to make decisions 	 Science & Sustainability Explore the natural world and take action to protect it. Explore the natural world and systems Ask questions and investigate scientifically Understand environmental change Connect people, science, and the planet Act to protect Earth's future
 Digital & Media Literacy Navigate the digital world with curiosity, safety, and critical thinking. Spot misinformation and digital bias Stay safe and protect privacy Understand digital tools and Al Manage your digital identity and footprint Use technology wisely and with balance 	 Research & Information Literacy Investigate the world with curiosity, ethics, and clarity. Ask questions and plan research Find and evaluate reliable sources Credit creators and respect ownership Organize information to support ideas Share findings clearly and creatively 	 Innovation & Design Build, create, and solve problems through design thinking. Explore how things work and why Solve problems step by step Create with tools and technology Test ideas and improve them Design solutions for real-world needs
 Real-World Readiness Prepare for life, work, and learning in and beyond the classroom. Build habits for life and work Follow directions and finish tasks Use tools, tech, and systems Manage time and responsibilities Make smart choices about goals 	 Everyday Skills & Wellness Develop practical skills for personal well-being and daily life. Care for your body and mind Use tools for daily tasks Handle food safely and responsibly Keep spaces clean and organized Build strength and coordination 	 Creative Arts & Expression Explore identity, ideas, and emotions through creative practice. Express ideas through art and design Build skills through creative practice Appreciate diverse art and artists Collaborate in artistic experiences Reflect to grow as a creator

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